

## Preventing Burns

- ❑ Turn all pot and pan handles to the back of the stove.
- ❑ Avoid using tablecloths that can be pulled down so hot liquid (coffee, tea, soup, etc.) will not be spilled onto your child.
- ❑ Keep all appliances and their cords away from the edges of counters or tabletops. All cords should be coiled up and tied.
- ❑ Whenever handling hot liquids, check to see where your baby/small child is BEFORE picking up pot, pan or teakettle.
- ❑ Never drink anything hot while holding a baby or small child.
- ❑ Keep children far away from splattering grease.
- ❑ Be sure to keep a woodstove and electric space heaters surrounded by safety grate/guard.
- ❑ Keep curling iron and hair dryer unplugged and stored in a safe place when not in use.
- ❑ Lower thermostat on hot water heater to 120 degrees to help avoid burns.
- ❑ Always check the water temperature before putting child in bathtub/shower or putting child's hand under a faucet.
- ❑ Use cool mist humidifier instead of a steam vaporizer.
- ❑ Keep cigarette lighters and matches well out of reach of children.
- ❑ Do NOT allow children to play with fireworks.
- ❑ Before placing a child in a car seat or allowing small children to sit in a car in warmer weather, check the temperature of the seat, especially if vinyl-coated.
- ❑ Install smoke detectors in every level of the home and near sleeping areas
- ❑ Test smoke detectors monthly, replace batteries yearly
- ❑ Establish a family fire escape plan, have several working fire extinguishers in areas like the kitchen, furnace room and near fireplaces

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