

## 5-Step Instructor Development Program

### Step 1 - Application and Interview

Call 908-788-6614 to request an application and schedule a phone or in-person interview. Instructor candidate must hold a current provider card relative to anticipated Track,

### Step 2 - Skill Screening Session

Each Instructor candidate will be required to demonstrate AHA CPR skills for proficiency assessment:

- *Heartsaver Track candidates must pass the three Heartsaver CPR AED and four First Aid Competencies.*
- *BLS Track candidates must pass the two BLS Competencies and a written test, as well as the HS skills*

Upon completing the Skills Screening Session, successful candidates will align with HMC's Training Center via the online AHA Instructor Network registration site.

### Step 3 Online Session—NEW AHA requirement

*Track 1 – AHA Heartsaver Instructor Essentials*

*Track 2 – AHA BLS Instructor Essentials*

Candidates must first complete appropriate Track—BLS or HS— requirement before being admitted to the classroom instruction. Course key is not included.

### Step 4 Classroom Session

*Track 1 – AHA Heartsaver Instructor Course*

*Track 2 – AHA BLS Instructor Course*

### Step 5 Teaching Internship in AHA Courses

*Follows Instructor Courses. Move out of the Instructor Course and into the classroom! Co-teach with experienced Instructors and Faculty in CPR programs. Assignments are specific to each candidate's needs, include course set-up, facilitating practice, student skill evaluation and remediation, and course management. Typically, candidates co-teach two provider courses before becoming independent. Candidates must be successfully monitored within 6 months to complete AHA requirements. Instructor card is issued after successful monitoring requirements are completed.*



#### Mailing address:

Hunterdon Medical Center  
2100 Wescott Drive, Flemington, NJ 08822  
Attention: Center for CPR and P.A.D.

#### Office and Education Center Location:

HMC Education Center  
Center For CPR and Public Access Defibrillation  
215 Route 31 South, Flemington, NJ 08822  
(southwest corner at the Rt 31 and Sand Hill Road intersection)

EMAIL:  
CPRinfo@hhsnj.org

PHONE:  
908-788-6614

FAX:  
908-788-6115

Business Office hours:  
Mon, Wed 10:00 am to 6:30 pm  
Tues, Thurs, Fri: 9:00 am to 5:30 pm



**CPR Instructor  
Development Program**

## About Our Instructor Development Program

Thank you for your interest in our CPR Instructor Development program at Hunterdon Medical Center. This brochure offers an overview of our goals and program structure.

Our mentor-based approach to developing Instructor candidates is effective, positive and long-lasting. Our Faculty Members bring years of CPR education experience and continuously incorporate the many changes that have evolved CPR training.

Those well suited for the Instructor role include:

- School Nurses, Health Educators
- Coaches, Physical Education Staff
- Nursing Staff responsible for in-house training and in-service programs
- Rescue Squad Training Officers, EMS, Fire, Police and Ski Patrol Personnel
- Youth Organization Leaders
- Preschool or Daycare Supervisors
- Human Resource Staff and Safety Officers for corporate training programs
- Individuals interested in teaching lay rescuer life-saving skills to our community members

## Two Training Levels

*Track 1 – Heartsaver Instructor* Focus: Lay Rescuer courses and Family & Friends programs

*Track 2 – BLS Instructor* Focus: Healthcare Providers and Lay Rescuer courses, and Family & Friends programs

## What is a Training Center

A Training Center is an organization that has contracted with the American Heart Association (AHA) to provide basic life support and first aid training courses to the community it serves. Hunterdon Medical Center has been an approved AHA CPR Training Center since 1985.

AHA provider courses are compliant with the New Jersey State Public Access Defibrillation Law (PAD).

Our Training Center adheres to the standards of: American Heart Association (AHA)

Centers for Disease Control & Prevention (CDC)

Americans with Disabilities Act (ADA)

Hunterdon Healthcare System (HHS)

## Teaching Privileges or Transfer

An AHA Instructor aligned with another Training Center may request teaching privileges or transfer alignment to Hunterdon Medical Center by completing an Instructor Application.

Call 908-788-6614 for an application or email: CPRInfo@HHSNJ.org.

Applying to become an AHA Instructor does not imply or suggest employment with Hunterdon Medical Center.

Candidates must be successfully monitored by a Faculty Member within 6 months of their Instructor Course to complete AHA requirements. Instructor credentials are issued after successful monitoring requirements are completed.

\*\*\* All of our equipment is latex free. Hunterdon Medical Center maintains a tobacco-free facility and campus. \*\*\*

## Qualifications

- Minimum age is 16 years old
- Must possess proficient CPR skills
- Must have strong interpersonal and sound critical thinking skills
- Must be willing to comply with the policies of the AHA and Hunterdon Medical Center
- Must complete an Instructor candidate application

**Track 1 - Heartsaver Instructor**  
CPR Provider Status — Current AHA Heartsaver First Aid and CPR AED with Infant Skills Card

**Track 2 - BLS Instructor**  
CPR Provider Status—Current BLS Healthcare Provider Card

## Fees

### Heartsaver Instructor Track

**Fee: \$280** (\$100 if recertifying after lapse of < 1 year )

### BLS Instructor Track

**Fee: \$280** (\$100 if recertifying after lapse of < 1 year or upgrading to BLS from Heartsaver Instructor)

Fees include all required materials for the Instructor Development Program.

\*Fees do not include costs for course videos or teaching equipment.

We accept credit cards, cash and checks (payable to Hunterdon Medical Center)