

## **ACCIDENTAL POISONING**

New Jersey POISON CONTROL    **1-800-222-1222**

When your child is able to crawl, walk or climb, she is able to get into trouble. Infants and toddlers may have mobility, but they do not have the judgement to know what is safe and what is not. While there is no substitute for personal supervision, much can be done to separate your baby from danger.

Start with your medicine cabinet.

- Keep medicines locked up
- Keep medicines in containers with safety caps. Safety caps are child resistant but not fully child proof.
- Throw away all medicines you do not use; clean out your medicines regularly
- Do not let your child see you take medicine
- Do not call medicine “candy”
- Keep medicines in medicine containers; do not transfer them to food containers
- Put the medicine container back immediately after use; do not leave it out.
- Visitors to your home may keep medicines in purses or coats; keep them out of reach.
- Remember to be careful when visiting other homes; they may not be “child-proof”

Areas where cleaning and laundry supplies are kept, such as the cabinet under the kitchen sink and the broom closet, should be locked. Items stored in the basement and the garage like paint, agricultural sprays and poisons, and automobile, bicycle and motorcycle supplies should be kept where your child cannot reach them.

Cosmetics should be kept out of the reach of your child. This includes hair sprays, nail products, and perfume.

Install carbon monoxide detectors on every level of your home.

Certain houseplants can be toxic when chewed or swallowed by children. Check yours and remove any potentially toxic plants.

If you use e-cigarettes, keep liquid nicotine refills locked up out of your child’s reach. Buy refills in child resistant packaging. Ingestion or skin exposure to liquid nicotine can be FATAL

If your child does swallow a dangerous substance, call the Poison Control Center. They are best equipped to advise you!