

**PATIENT HISTORY QUESTIONNAIRE**

**Name:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_

**Patient ID:** \_\_\_\_\_ **Sex:** \_\_\_\_\_ M or F

**Current Height: (in)** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Weight: (lb)** \_\_\_\_\_ **Referring Clinician:** \_\_\_\_\_

**Right or Left handed:** \_\_\_\_\_ RT or LT **Ethnicity:** \_\_\_\_\_

- 1) Have you had a previous hip or vertebral fracture? [ ] Yes [ ] No
- 2) Have you ever had lower spine or hip surgery? [ ] Yes [ ] No
- 3) Have you had any fractures during your adult life which did not result from significant trauma? (e.g. auto accident) [ ] Yes [ ] No
- 4) Did either of your parents ever have a hip fracture? [ ] Yes [ ] No
- 5) Do you smoke? [ ] Yes [ ] No
- 6) Have you ever taken Glucocorticoids? (steroids, longer than 3 mos) [ ] Yes [ ] No
- 7) Do you have rheumatoid arthritis? [ ] Yes [ ] No
- 8) Do you have secondary osteoporosis? (resulting from other illnesses) [ ] Yes [ ] No
- 9) Do you drink 3 or more alcoholic drinks per day? [ ] Yes [ ] No
- 10) Are you being treated for osteoporosis? [ ] Yes [ ] No
- 11) Did you take calcium today? [ ] Yes [ ] No

**12) Are you taking any of the following medications currently?**

[ ] Actonel (i.e. risedronate)	[ ] Boniva (i.e. ibandronate)
[ ] Evista (i.e. raloxifene)	[ ] Forteo (i.e. parathyroid hormone)
[ ] Fosamax (i.e. alendronate)	[ ] HRT (i.e. estrogen/hormone therapy)
[ ] Miacalcin (i.e. calcitonin)	[ ] Protelos (i.e. strontium ranelate)
[ ] Reclast (i.e. zoledronate)	[ ] Calcium [ ] Vitamin D [ ] Prolia

[ ] Other: specify: \_\_\_\_\_

**13) Do you have any of the following medical conditions:**

[ ] Anorexia or Bulimia	[ ] Any seizure disorders
[ ] Asthma or Emphysema	[ ] Cancer
[ ] End stage renal disease	[ ] Inflammatory bowel diseases
[ ] Hyperparathyroidism	[ ] Hysterectomy

[ ] Other: specify: \_\_\_\_\_

- 14) What was your maximum height (inches)? \_\_\_\_\_
- 15) Do you perform weight bearing exercise regularly? [ ] Yes [ ] No
- 16) Do you regularly consume dairy products? [ ] Yes [ ] No
- 17) Do you drink caffeinated beverages? [ ] Yes [ ] No

**If female:**

- 18) At what age did your period start? \_\_\_\_\_
- 19) Are you premenopausal? [ ] Yes [ ] No
- 20) At what age did you start menopause? \_\_\_\_\_
- 21) How many full-term pregnancies have you had? \_\_\_\_\_
- 22) Have you ever missed your period for more than 6 months in a row (not including pregnancy or menopause)? [ ] Yes [ ] No