



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FORMING HEALTHY HABITS

## HUNTERDON COUNTY YMCA 7th Grade Membership

### What is the 7th Grade Membership Initiative?

The Hunterdon County YMCA is offering a complimentary Full Facility Membership to all 7th graders throughout Hunterdon County. 7th grade has proven to be an important time for children to continue to remain active and gain the life-long fitness practices that will help them develop healthy habits. Kids in 7th grade begin to formulate habits that continue into adulthood.

The 7th Grade Membership will allow Hunterdon County 7th graders to strengthen behaviors of remaining active, staying fit, gaining a better understanding of nutrition and the importance of continuing these habits into their adult lives.

This membership must be taken out in person at either the Deer Path or Round Valley branch of the Hunterdon County YMCA. Proof of grade is required, along with a parent or guardian permission. This membership will be active September through August.



### What is included with a YMCA 7th Grade Membership?

Access to both Deer Path and Round Valley branches fitness centers (ages 12+)\*

Access to the Deer Path pool for recreational and lap swimming

Orientation and workout program

FitLinxx enrollment – computerized workout tracking system with web access

Group Fitness Classes

Open gym time for basketball

Teen/youth fitness classes

Opportunity to register for fee-based programs at the full facility member rate

\* orientation required

## HUNTERDON COUNTY YMCA

Deer Path Branch  
144 W. Woodschurch Rd.  
Flemington, NJ 08822  
908-782-1030

Round Valley Branch  
1410 Route 22 West  
Annandale, NJ 08801  
908-236-0055

[www.hcymca.org](http://www.hcymca.org)

