

Hunterdon & Mercer County Regional Chronic Disease Coalition | MINUTES

03.22.16 | time 10:00 am | Meeting location Hopewell Township Municipal Building

Meeting called by Amanda Medina-Forrester (AMF)

Type of meeting FY 2016 – 3rd Quarter

Facilitators Amanda Medina-Forrester (AMF)

Attendees (In-Person or Conference Call)

Alison Murtha – American Cancer Society (AM)

Avril Nayan- Mercer County NJCEED (AN)

Cheryl Womek- West Windsor Health Dept (CW)

Devangi Patel – Princeton Health/Pennington/Hopewell Board of Health (DP)

Jamie Sierzputausha- West Windsor Health Dept (JSA)

Janet Acosta-Hobschaidt - Hunterdon CEED (JAH)

Jill Swanson- West Windsor Health Depart (JS)

Kim Blanda – Hunterdon Regional Community Health (KB)

Marge Vellotti – Hunterdon CEED (MV)

Mary Rosner- Capital Health (MR)

Miriam Ramirez-HMCR CDC/Hunterdon CEED (MDR)

Monique Young- Mercer NJCEED (MY)

Myrtice Johnson- Mercer County NJCEED (MJ)

Sarah McCart-Knoll- West Windsor Health Dept (SM)

Susan Brown- Patient Advocate Foundation (SB)

Vinny Smith- Horizon NJ Health (VS)

AGENDA TOPICS

Short introductions led by AMF.

Sun Safety Presentation – Vinny Smith from Horizon BCBS/ Horizon NJ Health

Horizon NJ Health’s team of Health Educators offers various programs and presentations designed to improve health outcomes. Topics include asthma, diabetes, nutrition and child obesity, cancer screenings and prevention, dental health, lead poisoning prevention and more. Horizon NJ Health is proud to work with many local community organizations to help keep our members and the people of New Jersey healthy and well. We’ve featured just a few of the groups dedicated to serving New Jersey’s underserved in our community. Vinny educated on the need for policy change & Sun/Skin Protection for lifeguard workers. If you are interested in Sun Safety educational programs he is available for schools, nurses, etc.

Action items	Person responsible	Deadline
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Tobacco Free for Healthy Hunterdon/Mercer NJ Regional Meeting

As a part of Tobacco Free for A Healthy NJ, New Jersey Prevention Network will be hosting a Regional Tobacco Meeting. NJPN’s Central Regional Coordinator of the Tobacco Free for a Healthy NJ, Jenna Giaquinto, and we are excited about hosting these meetings. We know that there is a lot of energy and activities happening around tobacco and we are looking forward to discuss opportunities for tobacco-free policies. We will be discussing current tobacco control efforts both in this region and across the state and to begin to brainstorm ideas on how we can work together to have a larger impact in our communities. We hope to bring together a diverse group people from the chronic disease coalitions, the substance abuse coalitions and any other group working on this topic to help move tobacco control efforts in this region.

Who Should Come? Current Regional Substance Abuse coalition members as well as Regional Chronic Disease Coalition members, tobacco advocates, and others interesting reduce youth access and youth use of tobacco and nicotine products.

Facilitator: Jenna Giaquinto, NJPN | Please rsvp at: jenna@njpn.org

Date: April 7th at 10:00 am -11:00 pm

Meeting will be held at: Hunterdon Medical Center, meeting room C, 2100 Wescott Drive, Flemington NJ

Action items	Person responsible	Deadline
NJPN and Coalitions to schedule upcoming regional meetings	NJPN	Ongoing

Smoke-Free Park and Recreation Area Ordinances

Partners for Smokefree Parks Ordinances: New Jersey Prevention Network’s Tobacco Free for Healthy New Jersey, Hunterdon Prevention Resources - Hunterdon County Safe Coalition, Hunterdon County Public Health Department, Hunterdon Medical Center – Heart and Vascular, Cancer Center, Champion from Readington Twp Board of Health, HMCRCDC .

SM provided meeting update on past meeting for Smoke Free Parks: On Monday, March 21st: met with Hunterdon County Parks and Open Space Advisory Committee Presentation for Smoke-Free Parks. Request was tabled for future discussion due to concern with taxpayer rights and concern with open public spaces such as: golf courses, fishing and the Hunterdon Fairgrounds. JS suggested to ask youth involvement, such as boy scouts, eagle scouts,, which helped her to get Mercer County smoke free. JS and others hosted a large presentation with boy scouts, youth involvement or eagle scouts. SB suggested bringing stories of second hand smoke- cancer patients. KB

suggested to invite the Hunterdon County Youth Safe Coalition to speak at meetings. SM added that Tobacco Free for Health New Jersey can provide signs for any county or municipality that goes smoke-free.

Action items	Person responsible	Deadline
Follow-up with Hunterdon County Parks and Open Space Advisory Committee	AMF	April 15, 2016
Create information packets for Readington Twp Board of Health and freeholders	AMF	April 4, 2016

Colorectal Cancer (CRC) Screening Toolkit

AMF provided update on the Hunterdon County CRC initiative. Motivational Interviewing calls to increase CRC Screenings. Two (2) staff members have been selected to call non-compliant, age-appropriate, patients at the Hunterdon Family Medicine at Phillips-Barber (family practice) to discuss barriers and options that may assist them in scheduling their well visit, colonoscopy, etc. This initiative has an increase in CRC screenings, well visits and Hunterdon CEED recruitment.

AM provided update for the Mercer County CRC. At the Henry J, Austin Healthcare Center an American Cancer Society guest speaker was invited to train 30 providers and their staff on the CRC toolkit. Presentation goal is to improve colorectal cancer screening rates and add an additional site for this initiative. Coalition is looking for funding to help HJAHC and other Mercer Co. sites for CRC Screening project. AN included that Mercer County CEED has partnered with HJAHC for screening services for breast, cervical, prostate and colorectal as well. For Colorectal it includes FIT testing and a Colonoscopy upon referral.

Action items	Person responsible	Deadline
Follow-up with HJAHC on strategies and data	AMF	June 30, 2016
Continue to work on MI call project with workgroup – caller logs inputted and reviewed for workgroup	AMF/MR	April 1, 2016

Media and Communications

MR provided a short update of Media and Communications Initiative. Facebook page is at 60+ likes and going strong with 398 individuals reached and 134 individuals engaged in our posts and sharing our events. Launch of first printed newsletter was given out for the 4th quarter that included events April-June 2016 for both Hunterdon & Mercer Counties. E-Newsletter will be sent out via email to all the coalition members, we ask that if there are any updates or changes to your email address to inform us. We request that coalition members send event and program content to promote in newsletter to Miriam: Ramirez.miriam@hunterdonhealthcare.org.

Action items	Person responsible	Deadline
Send out email requesting programs, events from Coalition Members	MR	04/2016
Facebook updates	MR	4/2016
E- Newsletter Development	MR	04/2016
Twitter Development placed on hold	MR	

Cervical Cancer and HPV

AMF stated an HPV presentation in collaboration with Mercer County School Nurses. In Lawrenceville on January 21st Dr. Prosswimmer from Hunterdon Healthcare Partners, presented a 1CEU presentation on HPV to 40 Mercer County School Nurses. This presentation was to communicate the importance of improving immunization

completion rates for the HPV vaccine 3-dose series to target populations. Dr. Prosswimmer and her valuable information was very well received. Other requests to ask Dr. Prosswimmer to speak at other events.

National Immunization Partnership with American Pediatric Assoc. – HPV Learning Collaborative.

AMF: There is a strong effort from the Chronic Disease Coalitions to recruit Mercer Co. practices. There are 22 NJ sites recruited, but only 1 site in Mercer County. No interest in Hunterdon County at this time. AMF stated that if any Coalition member knows of any Primary Care Physicians that would be interested to please contact her. There is a stipend available to those sites to adopt a policy to improve HPV vaccine rates.

Action items	Person responsible	Deadline
Planning Meetings Central Jersey Health Consortium and other Chronic Disease Coalitions and the NJ American Academy of Pediatrics	AMF	April 15, 2016
Requesting training from Department of Health for HPV vaccination site recruitment	AMF	April 1, 2016

Children & Adolescent Health

AMF mentioned this grant initiative to empower schools on adopting the School Health Index assessment, and ultimately establish a wellness committee to complete the SHI. At this moment we do not have any schools recruited. There are discussions with Foundation Academy School in Trenton and possibly Holland Township School for Hunterdon County.

Together with the Coalition, Hunterdon Co. Partnership for Health – Obesity Workgroup, Hunterdon Co. SNAP-Ed, Hunterdon Healthcare Center for Nutrition and Diabetes Management, Hunterdon Co. YMCA & Head Start Program have started a Head Start Pilot Program due to a concern that over 29% of Hunterdon County Head Start children (ages 3-5 yrs.) have BMI of 95th percentile or greater. This Pilot Program’s purpose is to educate the Head Start children and their parents (primary Latino) on healthy eating and physical activity. The Education component will include 3 healthy eating sessions with food demos and 3 physical activity sessions. Another Hunterdon County initiative is Weigh to Go! Weight management program for children that includes a four (4) week nutrition and exercise program for kids ages 7-14 that will promote changes in food habits, exercise and self-esteem. On March 12th, the Coalition together with the Shoprite of Flemington held a program: Alimentandonos Para una Vida Saludable (Eating for a Healthy Life) held at TIR Frenchtown. This program was geared to Latino/low income families in a rural area of Hunterdon County. This program included a healthy cooking class and food handling safety education, in addition to providing local resources. In Mercer County, the Foundation Academies School, SNAP-Ed in Mercer Co., Capital Health and Coalition held a taste testing on March 18, 2016 for National Nutrition Month. School children attended this event at the Foundation Academies School in Trenton NJ. Hamilton Area YMCA’s ACT Program is also a weight-management program that serves the community in Mercer County. The coalition would like to provide scholarships for youth participants. The ACT program is an evidence-based program that mirrors the Weigh to Go program in Hunterdon County. AMF invited those interested in a community program/ cooking demo to please reach out to her.

Action items	Person responsible	Deadline
Coalition MOA with Hamilton Area YMCA	AMF & Hamilton Area	April 30, 2016
Continue to work with Head Start Program	YMCA	
Continue to work with Center for Nutrition and Diabetes Management	AMF	Ongoing

Survivorship Care

AMF shared the Hunterdon Regional Cancer Center committee draft of the Melanoma Survivorship Care Plan. The process will begin with a survey given to approximately 15 Primary Care Providers to assess SCP usability, this survey will be completed by May 2016. Currently there is no template for a Melanoma Survivorship Care Plan.

Action items	Person responsible	Deadline
Continue to work on Melanoma Survivorship Care Plan and PCP Survey	AMF & Survivorship Workgroup	June 30, 2016

Greater Mercer Public Health Partnership – Chronic Disease workgroup

JS gave update: GMPHP Chronic Disease workgroup Priority leaders are: Jeff Grosser, Princeton PHD, Amanda Medina-Forrester, HMCRCDC, Darlene Hanley, St. Lawrence Rehabilitation Center and Jill Swanson, Heightstown/West Windsor/Robinsville PHD. Priority areas are: mental health and substance abuse, healthy living/eating, chronic disease and transportation. First workgroup meeting will be held on April 8th from 10am-12pm at the St Lawrence Rehabilitation Center Conference Room. Those interested in becoming a workgroup member or join this meeting, please let Amanda Medina or Jeff Grosser know.

Action items	Person responsible	Deadline
GMPHP – Chronic Disease Workgroup	AMF/Jeff Grosser	Ongoing

Hunterdon Partnership for Health- CHIP Process

KB on March 11th, volunteers from various Hunterdon County organizations discussed and voted on four priority areas to develop task force workgroups: mental health, lifestyle & prevention and access to care. The Obesity Lifestyle Action Team meeting will be held on April 12th, 2016 from 11am -12 pm at Hunterdon Regional Community Health- Conference room A/B -215 Route 31, Flemington NJ.

Action items	Person responsible	Deadline
Hunterdon Partnership for Health – Lifestyles Group invitation	AMF/KB	April 1, 2016

Mercer County NJCEED

AN updated on CEED services for Mercer County. There was a concern with follow up care after a voucher is given to a client and they are working to improve compliance with those in need of follow up care/ diagnostic care. Mercer County CEED has also partnered with Henry J. Austin Health Center to provide screening services. AN would like to set up locations to bring a health van/ mobile mammo unit, but would need 30-40 women registered there is a concern if only 15 are present at screening event Mercer CEED would still have to pay full amount for 30 women. AN announced that they have Spanish speaking staff now available to help with client intake. AN stated they are looking to bring outreach in other areas of Mercer County, out of the Trenton Area. Recent program with MECHA was successful.

Action items	Person responsible	Deadline
Mercer CEED Collaboration Meeting	AN/AMF	April 15, 2016

Hunterdon County NJCEED

JA/MR outreach has been interesting for Hunterdon County due to Rural Areas and gaps of uninsured population, strategies to include out of the box outreach efforts. January and February had a Cancer Awareness Health Series at the Lambertville Free Public Library. Topic included Breast, Cervical, Colorectal and Prostate; those that were uninsured were enrolled in CEED services. Other outreach initiatives were: visiting local food banks, MI calls for breast and colorectal cancer awareness, and community small business outreach. We are hosting a Lunch and Learn on colorectal cancer awareness on March 28th from 12:00pm -1pm at Mi Rosita's Restaurant in Flemington NJ.

Action items	Person responsible	Deadline
Hunterdon CEED events/programs – market	MR/JA	Ongoing

Skin Cancer Screening

AMF, In Hunterdon County 108 were screened on June 15 & 17th with 42 referrals for follow up with a dermatologist for suspicious findings. With the diligent work of coalition, 26 of the 42 went to see a dermatologist or their primary care physician. From those 26 participants, 4 basal cell and 1 melanoma were confirmed. The coalition hopes to reach 90% follow-up compliance.

Upcoming Hunterdon County Skin Cancer Screening has been scheduled for May 16 & 18th from 5pm -8pm at the Hunterdon Regional Cancer Center in Flemington NJ, those interested in scheduling please call (908) 237-5445 or email Amanda Medina-Forrester.

For Mercer County, Capital Health has plans for a Skin Cancer Screening for June 2016 dates TBD, will update Coalition once dates are set. If any Mercer Co. site is interested, please reach out to AMF on help with coordination, searching for dermatologists, etc.

Action items	Person responsible	Deadline
Coordination of Hunterdon Co. Skin Screening	AMF/MR	Ongoing

Coalition Member Upcoming Events, Announcements

AN- Mercer CEED has a Free Breast, Cervical, Colorectal and Prostate Screening on April 16th at Bellview from 9am – 1:30 pm and on April 30th at St Francis. Asking for those individual interested in attending to register.

AMF- Hunterdon County Skin Cancer Screening has been scheduled for May 16 & 18th from 5pm -8pm at the Hunterdon Regional Cancer Center in Flemington NJ, those interested in scheduling please call (908) 237-5445 or email Amanda Medina-Forrester.

DP will facilitate diabetes self-management program in Princeton in mid-April/May and facilitate a stress management program. Flyer will be shared with coalition to help with recruitment.

Next In-Person Meeting

Date: June 21, 2016

Time: 10 a.m. – 11:30 a.m.

Location: Hunterdon Regional Cancer Center, Conference Room.

*Meeting adjourned 11:40 am
Prepared by Miriam Ramirez*