

Mammography Prep Instructions

- 📌 Make sure it has been a year since your last mammogram unless you were instructed to have follow-up images sooner than a year. (Due to insurance company requirements)*
- 📌 Bring insurance card and order provided by your physician.*
- 📌 Please do not apply any powders, lotions, or deodorant to the underarm or breast area on the morning of your appointment.*
- 📌 Arrive 15 minutes before your appointment time so you can be registered before your exam.*